

WEEK 3: DISCOVERY

FACILITATOR'S NOTE:

- ✓ Start your group discussion with the “Check-in” question to help your members reflect back on their week and follow up on last week’s application challenge.
 - ✓ Review the “Big Idea” to help you gain clarity around the heart of this week’s message and focus your group’s discussion towards a clear direction.
 - ✓ Reflect on this week’s scripture passages and guide your group through the “Discuss” questions to initiate meaningful dialogue around key concepts or insights from this week’s message.
 - ✓ Move your group discussion to a deeper level by leading them through questions in “Apply”. Use discernment to customize these application questions to meet the needs & dynamics of your group.
- NOTE:** You do not have to cover all the questions provided in “Discuss” and “Apply”.
- ✓ Connect with God together as a group through this week’s “prayer practice”, which can be in the form of a prayer exercise or some guidance on what to pray for in relation to the message or application.

CHECK-IN	Did you find the time to slow down and reflect on some of those areas of your life that were discussed last week?
BIG IDEA	Jesus invites us to look into our story for the broken and busted up things. He wants to take us on a journey where we finally face the things we are scared to deal with. In the process of discovery, God wants us to discover who we are, discover that the enemy will attack us with fear and finally to discover that we are stronger than we appear because of our security, identity and intimacy with God.
DISCUSS	<p>Reflect on 1 John 4:18.</p> <ol style="list-style-type: none"> 1. True spiritual growth means asking the tough questions and going forward into the darkness, armed with a flashlight of truth. Here are some questions to discover ourselves: <ol style="list-style-type: none"> a. What are my weakness? b. Who tells me who I am? c. What nagging fears do I constantly carry around? d. How authentic am I? e. How receptive am I to change? 2. Has the enemy used fear and anxiety to make us distant, defensive, and doubtful of God? 3. How do you handle fear? 4. Has fear restricted you from doing something in your life?
APPLY	<ol style="list-style-type: none"> 1. We all have things inside of us that we don’t want to face. Is there something you are willing to share with your group? 2. Who in your life do you trust to help you discover your blind spots and their impact on others? Reach out to them. 3. Read Romans 8:31-37. How does security in God’s love and

	identity as God's child give you confidence?
PRAYER PRACTICE	Maya Angelou says, "There is no greater agony than bearing an untold story inside you." Pray for each member in your lifegroup to have the courage to discover and share the untold stories that hold us back from experiencing true freedom.