

THE INFLATABLE LIFE

filled | loved | empowered | loved | restored | graced

Week 4: Built to Belong

FACILITATOR'S NOTE:

- ✓ Start your group discussion with the "Check-in" question to help your members reflect back on their week and follow up on last week's application challenge.
- ✓ Review the "Big Idea" to help you gain clarity around the heart of this week's message and focus your group's discussion towards a clear direction.
- ✓ Read this week's scripture passages together and guide your group through the "Discuss" questions to initiate meaningful dialogue around key concepts or insights from this week's message.
- ✓ Move your group discussion to a deeper level by leading them through questions in "Apply". Use discernment to customize these application questions to meet the needs & dynamics of your group.

NOTE: You do not have to cover all the questions provided in "Discuss" and "Apply".

- ✓ Connect with God together as a group through this week's "prayer practice", which can be in the form of a prayer exercise or some guidance on what to pray for in relation to the message or application.

CHECK-IN	How have you been able to see the spiritual realm at play this week?
BIG IDEA	We were created to live lives of belonging and connection. We all long to belong. We are loved by God and belong to Him. And when we belong to God we belong to each other.
DISCUSS	<p>Read 1 John 4:7-21 together. Discuss how why and how love for others is the basis of love for God.</p> <hr/> <ol style="list-style-type: none">1. Google "one another bible passages". Which do your LifeGroup excel at, and which are weaker? Are there some you avoid?
APPLY How do we respond to God's teaching in meaningful ways? What might God ask of us in mind, spirit, or actions?	<ol style="list-style-type: none">1. How would your life look different if you internalized the truth that you are loved by God and belong to Him?2. Pastor Karen said, "Belonging is not passive. It's not the belonging that comes with just joining a group. It's not fitting in or pretending or selling out because it's safer. It's a practice that requires us to be vulnerable, get uncomfortable and learn how to be present with people - without sacrificing who we are. We want true belonging, but it takes tremendous courage to knowingly walk into hard moments."

	<p>What are some circumstances or situations that make you feel vulnerable? Are there times where you simply “fit in” rather than live authentically?</p>
PRAYER PRACTICE	<p>For this prayer practice, revisit the covenant and remind the group that anything shared stays within the group, in confidentiality. Break off into pairs and share one area of vulnerability with your partner - an area that brings anxiety or uncertainty.</p> <p>Then pray for one another. If someone is not comfortable sharing, they can participate by still listening and praying.</p>