

FRUIT OF THE SPIRIT

Gr. 1-5 Leader Outline

LESSON 3: PEACE

BIG IDEA: Peace is when God helps us to be calm, no matter what is going on around us.

STORY: Peter Escapes from Prison

BIBLICAL TEXT: Acts 12:1-17

VERSE: *“But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.”* Galatians 5:22-23a

SUPPLIES NEEDED:

For the Leader: Kidzone Video/timestamps, 16 apples per classroom (8 for each team/2 teams per room)

For the children: crayons and markers, copies of the printables and Extra Activities listed below for each child

All times are approximate! Worship Time is at about 3:40pm. Other than that, the Leader may decide what order the other activities listed below will be done, and/or if something will be omitted or changed. For example, the children could watch the Bible Story video and the Teaching video together, and then the Leader could ask all of the questions and do the other activities after watching both videos.

****Schedule Update as of May!**

3:00-3:15pm: Greet kids as they arrive. Kids have free-choice time with the activities the Leader has set out & prepared from the bin. Connect with kids, get to know them, introduce the Big Idea of the day, etc...

3:15pm: Tidy up the activities and games.

****3:20-3:40pm:** Class Time

****3:40-3:55pm:** Worship Time (in the Youth Lounge)

****3:55-4:30pm:** Class Time

WELCOME & ICEBREAKER GAME: Connecting Kids to Others-

“Welcome! My name is _____ and I am so glad you are here today! Today, we are continuing our series on the Fruit of the Spirit. This is week 3! The Fruit of the Spirit is a gift God gives us to help us live a life that pleases Him and shows His love to those who do not know God. Throughout this series, we are going to learn about how we can develop the Fruit of the Spirit as we grow closer to Jesus. Today, we are going to learn about the third Fruit of the Spirit which is PEACE. Now before we dive in, I want to ask you a question. When you think of the word “peace,” what comes to mind? Turn to someone next to you and tell them your answers.

ALLOW TIME FOR CHILDREN TO TELL EACH OTHER THEIR ANSWERS.

Great job! What were some of the best answers you heard? ALLOW TIME FOR CHILDREN TO RESPOND.

Thanks for sharing! We may think of different movie characters, superheroes or even people in our own lives that remind us of peace. However, there are moments in our lives when we do not feel peace in our own hearts. So today, we are going to learn about how we can have peace no matter what is going on around us.

Now before we learn more about peace, we are going to start our time together by playing a game! Let's get started!”

Directions: Apple Stacking!

***Directions:** Split up your group into two teams. Give each team a total of 8 apples. Then, have each team choose one person to be the one in charge of stacking the apples. Tell the children the goal is to stack the apples as fast as they can; they will be given a total of 1 minute and 30 seconds (adjust as you see fit). Whichever team stacks the most apples the fastest & tallest without any falling over, wins!*

“You all did a great job stacking those apples! That wasn’t an easy task; actually, it was quite difficult! Did any of you feel anxious or stressed while trying to stack them or watch your teammate stack them? Sometimes we find it hard to have peace when we are in tricky or hard situations. We are now going to watch our Bible story about a brave man named Peter. In this story, we will hear about how Peter had PEACE despite the hard situation he was in! Let’s watch our Bible story so we can learn more about Peter’s story!”

(You can send the apples home at the end of Kidzone with the kids who would like them if you wish).

Watch the ANIMATED BIBLE STORY, “Peter Escapes From Prison”, from the Kidzone Online video. (It comes after the first worship song).

Talk About the Bible Story; *ask & share some or all of the following questions and discussion points. Tip: Allow the kids to answer questions with one or two other people and then share what they’ve discovered together with the group. Encourage the kids to share their response to the questions even if someone has already said what they wanted to say.*

“WOW! What a great Bible story! Peter was being punished for something good. How unfair! Peter could have just been sad and discouraged, but deep down he had peace. Can anyone tell me who gave Peter that peace? ALLOW TIME FOR CHILDREN TO ANSWER.

That's right! Jesus did! Jesus promises peace to every believer. When we have faith and put our thoughts and focus on Jesus, He will give us a quietness of our heart and mind. He will help us to be calm no matter what is going on around us.

I have a question for you: would you rather live in the mountains or by the ocean, and why? ALLOW TIME FOR CHILDREN TO ANSWER. Those are some great answers! And both of those options would be so relaxing. But we don't need to be around an ocean or a mountain in order to feel relaxed! It can definitely help of course, but when people think of relaxation what they really want is peace. Having peace is more than a warm and fuzzy feeling- it is something God gives us no matter what is going on in our lives. It's easy to get distracted and discouraged by all the problems around us, but that's why God gave us His Holy Spirit to help us stay calm no matter what! God's peace helps us to be the people God created us to be and equips us to show His love to others who might be feeling sad or discouraged."

3:40-3:55 pm: WORSHIP TIME (in the Youth Lounge)

"We have now seen an example of what peace looks like in the Bible through Peter's story. Let's take a look and see what an example of peace may look like in our world today. Even in the most difficult circumstances, Jesus will give us peace and help us to be calm. Let's check out this short film and see if you can see how the child in our story had peace!"

Watch the TEACHING EXAMPLE VIDEO & UNPACKED VIDEO (2 clips);

Watch the Teaching from the Kidzone Online video. (It comes after the Bible story video).

Talk About the Example Video

“The boy in our video was going through a lot! He must have had so many feelings of sadness, anger and maybe even fear. But after finding those Bible verses, he decided to pray! When we give our problems and hardships to Jesus, He will help us have peace no matter what is going on around us! He will help us have the Fruit of the Spirit. We have now seen two videos of what peace looks like both in the Bible and in our world today. Let’s continue to unpack the word a little more and see why having peace in our hearts is so important!”

Talk About the Unpacked Video

“Just like we heard in our video, God’s peace does not depend on what is happening in life at the moment. God’s peace is true and unchanging. We all at some point in our lives will face tough times. But the Bible tells us we can have peace even during the struggle. When we put our trust in Jesus and grow closer to Him, we can have the same kind of peace Peter had in our Bible story today!”

When we have the Fruit of the Spirit, we can then show others what peace looks like! Now I want everyone to repeat after me: “Peace is when God helps us to be calm no matter what is going on around us.”

If you are able, have the kids get into huddle groups with a leader or LIT to discuss the following questions:

TEACHING OBJECTIVE : PEACE IS WHEN GOD HELPS US TO BE CALM NOMATTER WHAT IS GOING ON AROUND US.

- 1.Name a situation when you have needed peace.
- 2.Describe a situation when someone you know helped you stay calm. How did this help change the way you viewed your situation?
- 3.How can you keep your thoughts on Jesus this week?

4. What do you think someone who lives with God's peace looks like?
5. What are some steps you can take to practice living in God's peace?
6. What situations are you going through that you can ask God to help you be at peace with?

ALLOW TIME FOR CHILDREN TO ANSWER.

"Thanks for your answers! It can be hard to be calm when we don't understand what is going on around us. We all have to choose whether we will be worried or whether we will be at peace. I want to challenge you this week to remember that God loves you and He will give you His perfect peace if you ask Him. When you do, you can live each day with confidence and boldness!"

SUGGESTION: Before going to prayer, have the children repeat the Bible verse aloud once or twice with you. Feel free to create your own Bible Verse Game to play today!

"But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control." Galatians 5:22-23a

PRAYER:

- Wrap up your time together by praying, using the CALM prayer practice (*refer to prayer practice card*).
- Ask the children if they have anything they'd like to celebrate & praise God for....
- Incorporate what the children said as you pray; or, ask if a child would like to say a sentence for the C, A, or L portion of the prayer.

- For the M part, ask the children to meditate quietly on our verse and the way we can ask God to give us Peace: Himself! Ask Him to give the same peace Peter had in our story today.

EXTRA ACTIVITIES: If there is time left over before the service ends, the curriculum contains these additional activities:

- Lesson 3 Colouring Sheet
- Lesson 3 Word Search
- Lesson 3 Activity Sheet
- Play the introductory “game” on the Kidzone Online video (it comes right after Pastor Shauna welcomes everyone).

4:30-4:35pm: Dismissal and Checkout:

Open the classroom door and use the walkie talkie so you can hear the Host team calling children’s names. Dismiss children down the hall toward the hosts. Meanwhile, let kids choose activities from the classroom bin.