

# WEEK 6 LYDIA, GOODNESS

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*After Paul and Silas came out of the prison, they went to Lydia's house, where they met with the brothers and sisters and encouraged them. (Acts 16:40)*

## **Acts 16**

During Paul's travels with Silas to Philippi, he led many to **Christ** including a woman named Lydia. She was so grateful to Paul for bringing her the gospel that she continually **opened** up her home to him and his friends when they needed a **place** to stay or meet. She saw it as the least she could do because of what Paul had done for her in bringing her the good news of the gospel. She **reflected** God's goodness.

When we have invited Christ into our lives, we begin to take on some of His **characteristics** and one of these being goodness. We can show God's goodness to others by being good. While **only** God can be good all the time, by having Jesus in our hearts we can strive to show goodness in our thoughts, words and actions.

Think of the Fruits of the **Spirits** as gifts God has given us when we choose to follow Him. He wants us to practice all these **characteristics** so we can be the best example possible to others. However, these gifts are not worth much when we do not grow and develop them by **sharing** them with those around us. What good is goodness if we keep it to **ourselves**?

When you **share** that gift, your goodness, with others in the name of Christ, they see Him through you. When you are **filled** with Christ, you reflect Him in all you do. Goodness is treating others well because we have Christ in our **hearts**.

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### **Questions to think about:**

1. What is something good someone has done for you?
  2. Lydia had the gift of hospitality. What is something you are good at?
  3. How can you use that to bless someone else?
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