

Fruit of the Spirit
Self-Control

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|---|---|---|---|---|---|---|---|---|---|
| T | I | U | E | I | S | E | L | F | F |
| F | I | D | F | P | P | I | I | E | R |
| R | S | T | R | U | G | G | L | E | U |
| O | I | C | O | N | T | R | O | L | I |
| I | F | N | R | S | P | I | R | I | T |
| D | I | S | C | I | P | L | I | N | E |
| T | A | U | E | C | D | T | I | G | D |
| H | R | A | C | T | I | O | N | S | P |
| I | P | G | S | E | O | T | L | L | I |
| T | H | O | U | G | H | T | S | L | S |

ACTIONS
CONTROL
DISCIPLINE

FEELINGS
FRUIT
SELF

SPIRIT
STRUGGLE
THOUGHTS