

# WEEK 5: JUST LIKE MOSES, I CAN BE BRAVE WHEN I FEEL FEARFUL

## DARING FAITH

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### Moses and the Red Sea | I can be brave when I feel fearful

*“Then Moses raised his hand over the sea, and the Lord opened up a path through the water with a strong east wind.” Exodus 14:21*

#### **Exodus 14:15, 21-22**

One **common** way to conquer fear is to do the very thing that scares you the most. Scared of heights? Jump out of a plane. Scared of public speaking? Audition for the school play. Scared of spiders? Hold one. It is a simple way of tricking ourselves into **believing** we are not afraid, but it requires bravery. Just like in the story of Moses, God wants us to be **brave** and face our fears.

Moses and the Israelites were scared. They were on the run, trying to **escape** Pharaoh’s army. When they came to the Red Sea, they wanted to turn around. It was a great wall of water. God told them to march ahead and perhaps they **trusted** that He would provide a way over it or around it. Instead, **God** took them through it. They had to face the very thing they feared head on, trusting that God would clear a way for them.

God wants us to take this kind of action, **trusting** that He will make a way where there is no way. Fear causes us to look back and turn the other direction, but that only puts us back where we began. We cannot make **progress** without moving forward and facing our fears. Bravery means moving ahead in spite of our fear. It seems unnatural to move toward fear, but that is what God asks of us when He asks us to have **daring faith**.

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#### **Questions with space for them to respond in the book:**

1. What is something that scares you?
2. How can you face this fear head-on?
3. Pray that God will give you faith like Moses to move forward, through the fear, and come out victorious on the other side.

