

A woman with curly hair, wearing a red off-the-shoulder top and teal pants, is walking in a vibrant, colorful sky. She is smiling and looking to her right. A large, glowing circular graphic is centered behind her, containing the text "GETTING HEALTHY" and "STAYING HEALTHY". The graphic has a blue and yellow gradient and is surrounded by several thin, overlapping circles. The background is a mix of blue, orange, and yellow, suggesting a sunset or sunrise. There are also some decorative circles in the corners: three in the top right and two in the bottom left.

**GETTING
HEALTHY**

**STAYING
HEALTHY**

1 Thessalonians 5:11 (TLB)

So encourage each other to **build each other up**, just as you are already doing.



People are different—decide to APPRECIATE

Romans 12:10 (GW)

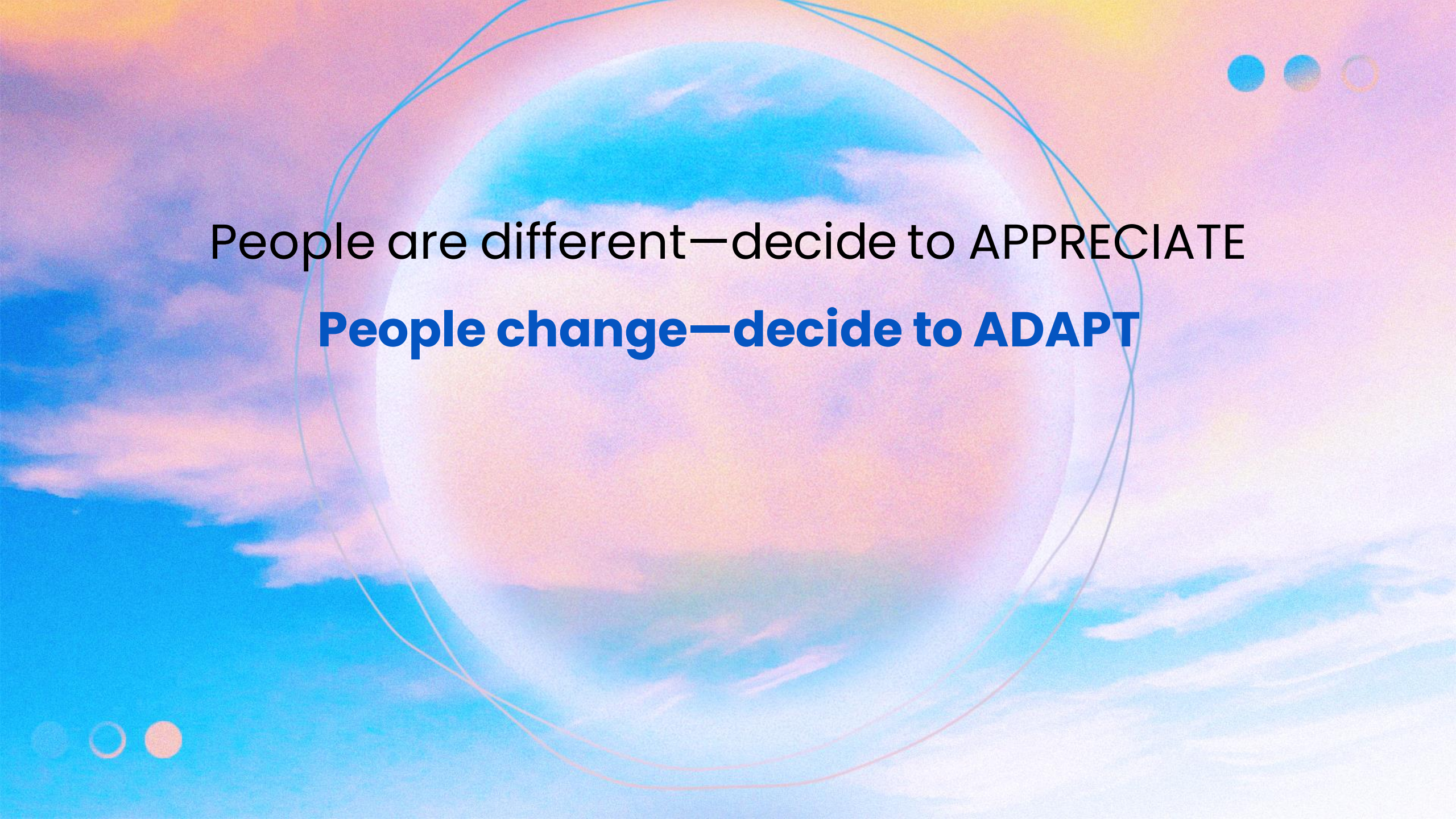
Be devoted to each other like a loving family.
Excel in showing respect for each other.

Romans 14:1 (Msg)

Welcome with open arms fellow believers who don't see things the way you do. And don't jump all over them every time they do or say something you don't agree with—even when it seems that they are strong on opinions but weak in the faith department.

Romans 14:1 (Msg)

Remember, they have their own history to deal with. Treat them gently.



People are different—decide to APPRECIATE

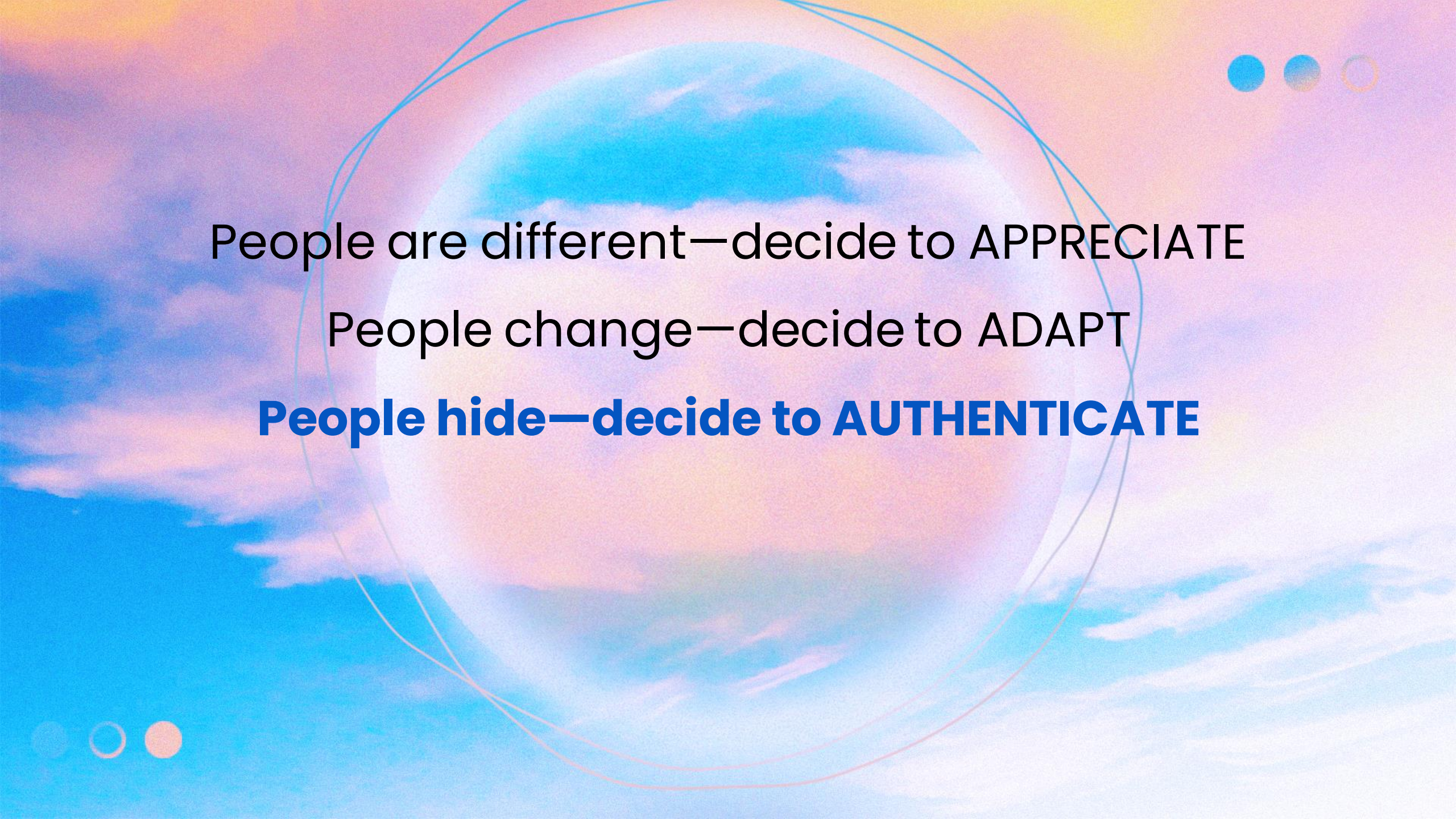
People change—decide to ADAPT

2 Corinthians 5:17 (TLB)

When someone becomes a Christian, he becomes a brand new person inside. He is not the same anymore. A new life has begun!

Mark 2:22 (CEV)

New wine must be put into **new wineskins**.



People are different—decide to APPRECIATE

People change—decide to ADAPT

People hide—decide to AUTHENTICATE

James 5:16a (TLB)


Admit your faults to one another and pray for each other so that you may be healed.

2 Corinthians 4:2 (Msg)

We refuse to wear masks and play games.
We don't maneuver and manipulate behind the scenes. And we don't twist God's Word to suit ourselves. Rather, we keep everything we do and say out in the open, the whole truth on display,

2 Corinthians 4:2 (Msg)

so that those who want to can see and judge for themselves in the presence of God.



People are different—decide to APPRECIATE

People change—decide to ADAPT

People hide—decide to AUTHENTICATE


People sin—decide to AFFIRM

2 Corinthians 2:7 (CEV)

When people sin, you should **forgive and comfort** them, so they won't give up in despair.

Colossians 3:13 (NLT)

You must make allowance for each other's faults and forgive the person who offends you. Remember, the Lord forgave you, so you must forgive others.



People are different—decide to APPRECIATE

People change—decide to ADAPT

People hide—decide to AUTHENTICATE

People sin—decide to AFFIRM

People are selfish—decide to ACT

1 Thessalonians 5:14 (CEV)

My friends, we beg you to **warn** anyone who isn't living right. **Encourage** anyone who feels left out, **help** all who are weak, and **be patient** with everyone.

Hebrews 10:24 (GW)

We must also consider how to encourage each other to show love and to do good things.

